
Celebrate Women's History Month!

1 message

Mon, Mar 18, 2024 at 8:02 PM



Peachy ,

March is Women's History Month, and we have several events to celebrate and honor the women in our lives and community. Ladies, please join us at our [Decatur](#) (March 20th) or [Kennesaw](#) (March 21st) locations.

We'll have an evening of food, beverages, demos, raffles, and surprises. The evenings will kick off with a walk or run and a chance to demo Puma shoes led by [Taylor Werner](#), a Puma Athlete and member of their Elite Team. She'll also be joined by Liz Rock, co-founder of [Trail Blazhers](#), whose mission is to uplift, unite, value, and nurture the diversity in sisterhood. We'll also have the team from [SheFit](#) to answer questions and do fittings.

We'll also have a Physical Therapist at each location who will present on pelvic floor health and answer questions. The personal running stories that will be shared will inspire you. Join either of these events and your chance for giveaways and raffles from Puma, SheFit, and Big Peach Running Co. RSVP and links to full details below.



TRADE-IN DAY

presented by



We will accept trades toward a new bike for a very limited time (2 days)! Even if you don't plan on a new bike now, you will be provided a Big Peach Gift Card with the trade-in amount that you can use toward the purchase of any of our products in our stores at the time of your choosing. Trade-ins will be taken at our Big Peach Ride + Run locations only.

MIDTOWN

800 Peachtree St., Suites B & C
Atlanta, GA 30308

March 22nd, 10 am - 6 pm

BROOKHAVEN

705 Town Blvd, Ste. Q340
Brookhaven, GA 30319

March 23rd, 9 am - 6 pm

SOCIAL RUNS

We have fun Social Runs from all of our locations and they're open to everyone and free of charge. Visit our [Social Run](#) page for a complete listing of our weekly runs!

SOCIAL RIDES

Monday Night Safety Ride

Midtown - Mondays - 6 pm

Click [here](#) for details.

Brookhaven Group Ride

Wednesdays, 6:00 pm

Course details are available [here](#).

EVENTS

How To Hate Running Less

Marietta - Wednesdays, 6:30 pm

"How to Hate Running Less" is a 30-minute FREE class with basic instruction, simple drills, and light running designed to make it feel lighter, smoother, and EASIER. It's open to everyone (Walkers, Runners, Kids). Come ready for light drills and running outside in our East Cobb location.



Make Some Trail Mix with Alissa Palladino

March 19th - Midtown, 6 pm

Looking for the perfect pre-run or post-run snack? Alissa Palladino, MS, RDN, LD, CPT, will show us how to make trail mix that will keep you fueled for all your active pursuits. Also, join our regularly scheduled group run at 6:30 pm with our friends from New Balance!

New Balance Demo Run

March 19th - Midtown, 6:30 pm

Make some trail mix at 6 pm to fuel your run at 6:30 pm with our friends from New Balance! We'll have the brand-new 880v14, a great daily trainer, and the SuperComp Trainer v2 for those looking for a great racing/marathon shoe!

Flat Fix Clinic with Garmin

March 20th - Midtown, 6 pm

Learn how to fix a bike flat with our team and friends from Garmin. Learn how to get the most out of your Garmin Edge bike computer and how to set it up. Also, learn about safety devices like the Garmin Varia that alert you to approaching vehicles.

Alpharetta Group Run at Jekyll Brewing

March 20th - Alpharetta, 6:30 pm

Join us for an 80s-themed demo run with our friends from New Balance! The new 880v14 will be available to try on during the run. We'll meet at the [Jekyll Taproom](#), and we highly encourage 80s-themed costumes.

Women's History Event

March 20th - Decatur, 6:30 pm

Join us as we celebrate Women's History Month at our Decatur location and enjoy an evening of food, beverages, demos, raffles, and surprises! We'll have a walk/run and a chance to demo Puma shoes. We'll have Taylor Werner, a Puma Elite Team Member, Liz Rock, Trail Blazher co-founder, and a pelvic floor health clinic! RSVP [here](#).

Brookhaven Run Club 4th Anniversary Celebration

March 21st - Chamblee, 6:30 pm

We're taking the run off-site and starting at [Contrast Artisan Ales](#) in Chamblee. We will have a variety of vendors and partners out there, so there will be plenty of fun! Prizes and giveaways will be available, but you've got to show up for those!

Women's History Event

March 21st - Kennesaw, 7:30 pm

Join us as we honor the women in our lives and our community. We'll have Taylor Werner, a Puma Elite Team Member, Liz Rock, Trail Blazher co-founder, a yoga session, a pelvic floor health clinic, a women's running coach, and nutrition tips for women! RSVP [here](#).

Get Ready For Your First (or Next) Triathlon

March 23rd - Marietta, 2 pm

Whether it's your first or next triathlon, join us! the [Atlanta Triathlon Club](#) will cover the basics to get ready for your first (or next) triathlon. [Georgia Multisports Productions](#) will join to answer race-specific questions and for a drawing for FREE race entries. RSVP [here](#).

Hoka Demo Run

March 23rd - Cumming, 8:30 am

Join us for a shake-out run to prepare for the [Run Your Bundts Off 5k](#) race with our friends from Hoka! We'll have the Hoka Arahi 7 and Mach 6 for you to try out.

Big Peach Ride + Run Social Ride

March 24th - Buckhead, 2 pm

Join us and [Propel ATL](#) team for a 6-mile social ride along Buckhead's PATH400. Meet the local biking community and celebrate the connections along PATH400! Learn about updates and future connections along PATH400. RSVP [here](#).

Trail Running Film Fest

March 24th - Suwanee, 6 pm

Runners come for a great night of films, inspiration, and community. The festival will be hosted at Monkey Wrench Brewing with \$5 beer specials and plenty of fun and games before the films. There is also a group run at 5 pm. Click [here](#) for more details.

New Balance Demo Run

March 26th - Marietta, 6:30 pm

Join us for our weekly social run and you'll have the opportunity to demo their latest and greatest – the New Balance 1080v13 and 880v14 shoes!

Move For Grady Training Ride

March 27th - Brookhaven, 6 pm

Join us and our friends with [Move for Grady](#) for this training ride around Brookhaven! The ride will help you prepare for the event, and if you're not registered, you're still invited to join in for a fun group ride.

Hoka Cielo X1 Demo

March 27th - Kennesaw, 6:30 pm

Join this unique group run night at our Kennesaw store for extra fun and competition! We'll have the brand new Hoka Cielo X1 to demo so you can test your running speed. You'll have the opportunity to customize your shoes with shoelace beads. We'll also have King Of Pops, a corn hole competition with prizes and giveaways! Don't miss out on this fun event!

FEATURED RACES

Race To Cure Sarcoma

April 6th - Suwanee, GA

Join us to raise funds for our Don Lee Memorial scholarships to benefit three local high school students. Register [online](#).



Move For Grady

April 27th - Atlanta, GA

When you register for Move For Grady, you help ensure that everyone in our community has equitable access to quality healthcare. With three cycling distances and three run/walk options to consider, it's easy to support Grady in the best way for you. Register [online](#).



Big Peach Sizzler 10k/5k

September 2nd - Chamblee/Brookhaven, GA

Experience the Iconic Course – flat and fast, covering Peachtree Road's “friendlier” portion from Chamblee through Brookhaven to Buckhead. Perfect for your first or fastest 10k or 5k. Stay after the race for the Post Race Biscuits & Beer Party! Register [online](#).



PACKET PICK-UPS

Noonday Shanty 5k

[Kennesaw](#) - March 21st, 4 pm - 8 pm

Justice Ventures Freedom 5k

[Brookhaven](#) - March 22nd, 3 pm - 7 pm

The Explorer Dash 5k & Fun Run

[Decatur](#) - March 22nd, 12:30 pm - 7:30 pm

RACE PARTNERSHIPS

- March 23: [Noonday Shanty 5k](#)
- March 23: [The Explorer Dash 5k & Fun Run](#)
- March 23: [Justice Ventures Freedom 5k](#)
- March 24: [Run Your Bundts Off](#)
- March 30: [Care for Cops 5k Run/Walk](#)

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