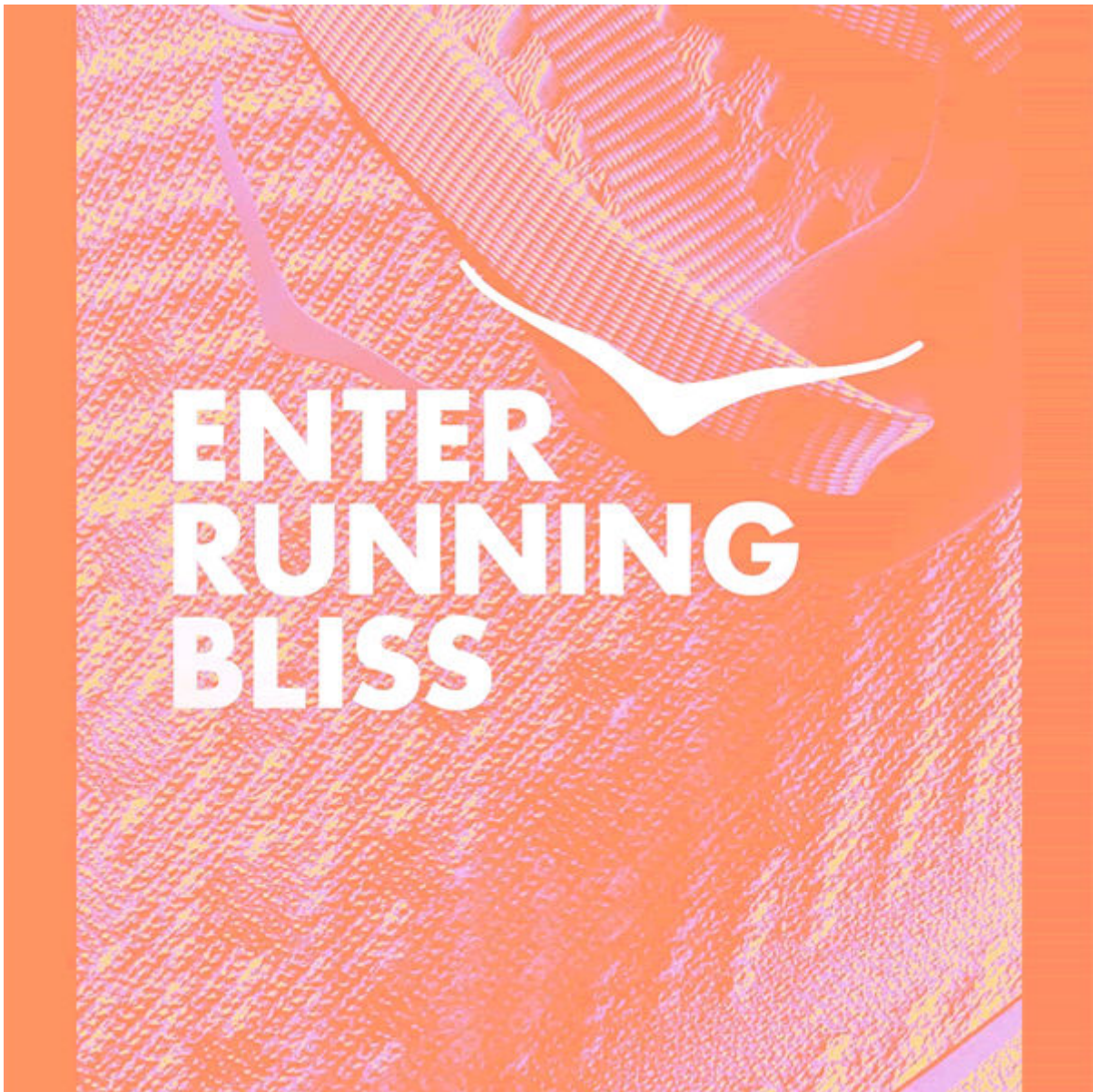

Time To Fly!

1 message

Mon, Feb 27, 2023 at 8:04 PM



NEWSLETTER



Peachy,

The Hoka Clifton 9 update is an exciting one and one long-time fans have been waiting for! It now has an increased 3mm in stack height plus it's lighter (lightest version yet)! The underfoot experience has been revitalized with a responsive new foam and a plusher heel.

It's an experience you need to feel for yourself. Stop by any of our 9 locations and try the new Hoka Clifton 9 for yourself!

SHOP NOW!



Nominations are now being accepted for the 2023 edition of the "[Best Running Stores in America](#)" Awards. If you're a fan of ours, if you feel we represent you and the Atlanta running community, and if you feel Big Peach Running Co. has contributed to your health and a Pedestrian Active Lifestyle, then we'd appreciate your nomination.

SUBMIT YOUR NOMINATION!

Start A Career With Big Peach Running Co.!

We're looking to add new team members to all of our locations! Are you looking for a fast-paced, energetic, exciting place to work? Big Peach Running Co. has a place for you! We are always looking for new faces to join our team as part or full-time Guest Advocates. If you are a passionate walker, runner, hiker or cyclist who likes to help others, we'd love to talk to you. Retail experience not necessary. In addition to a competitive hourly wage, you will receive generous employee discounts, free products based on availability, free or discounted local race entries, a vibrantly fun work environment, and much more. Group Medical, Dental, & Vision plans and a Retirement Account are available for eligible full-time employees. Take a look at our [online](#) application and send us your resume.

APPLY NOW!

Ep. 142 - The Big Peach *Ride + Run* Podcast with Guest Marley Blonsky

This week Marley Blonsky joins us on the podcast. She is an advocate for people of all sizes, genders, ages, income levels, and abilities to be included and welcomed in the bike community. We discuss various ways to be inclusive through marketing images, apparel sizing, and much more!

Listen to the latest episode [here](#).

We invite you to subscribe to [Amazon Music](#), [iTunes](#), [Soundcloud.com](#), [Google Podcasts](#), [Spotify](#), or whatever [RSS](#) Podcast App you choose.





SOCIAL RUNS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Alpharetta	6:30 pm		6:30 pm		
Brookhaven		6:30 pm		6:30 pm	
Cartersville				6:30 pm	
Cumming		6:30 pm			
Decatur			6:30 pm		
Kennesaw		6:30 pm			
Marietta		6:30 pm			7:30 am
Midtown		6:30 pm			7:30 am
Suwanee		6:30 pm		6:30 pm	

EVENTS

Altra Demo Run

Marietta - Tuesday, February 28th, 6:30 pm

Come on out to our East Cobb location for our weekly group run this week and try out the max cushion Altra VIA Olympus! All paces welcome with multiple distances available.

How To Hate Running Less

Marietta - Wednesdays, 6:30 pm

Some folks don't like running. At times, it can feel clunky, jarring, and uncomfortable. That's why we're offering "How to Hate Running Less," a 30-minute FREE class with basic instruction, simple drills, and light running designed to make it feel lighter, smoother, and EASIER. It's open to everyone (Walkers, Runners, Kids). Come ready for light drills and running outside in our East Cobb location.



Ask A Doc

Marietta - Saturday, March 4th 12:00 pm

Dr. Will Duncan with Southeast Physical Therapy will be at our East Cobb location to answer your questions especially about injury recovery, getting people active, and living pain-free. He'll also go over strength training for running.

Plantar Fasciitis Monday

Cartersville - Monday, March 6th 12:00 pm

This event is weekly and for anyone with Plantar Fasciitis or any foot issues. You can sign up here but it is not required to attend. Get personalized help from Jay Stephenson including how to massage and treat your Plantar Fasciitis. RSVP [here](#).

Mizuno Demo Run

Marietta - Tuesday, March 7th 6:30 pm

Come on out to our East Cobb location for our weekly group run this week and try out the Mizuno Wave Inspire 19. If you need a shoe with some stability, make sure

to arrive early and get the right size and then head out with the group and see if this model works for you.

Beginners Run Group Info Session **Cumming - Tuesday, March 7th 7:00 pm**

Are you new to running? Would you like a training program specifically for beginners? Then you're in luck! Our Cumming location is hosting an info session on their 12-week program that includes 2 group runs per week, in-store clinics, discounts, and a free race entry! Stop by on Tuesday, March 7th at 7 pm to learn more. This program starts on March 11th.

Run Free Cross Country Camp **Berry College - Rome, GA - June 26th-30th**

Middle School and High School athletes, come join this fun-filled, epic week on the beautiful campus of Berry College! Workshops on form, race strategy, goals, nutrition, and more. There will be adventure challenges, local outings, and some really cool time with an elite coaching staff! Early bird pricing expires on February 14th. First 20 to register receive a pair of Brooks Launch running shoes. [Register now!](#)

FEATURED RACES

Move For Grady **May 6th - Bouckaert Farm, Chattahoochee Hills**

This event is a fundraiser for the Grady Health Foundation that supports Grady's Frontline Heroes. Cyclists have the option of 10, 25, 50, 65 & 100 miles routes along some of the best places to ride a bike around Atlanta. The trail races take place on private property with plenty of wide-open spaces. Both courses are relatively flat and on easy trails. Perfect for beginners. This is an all-day family event with plenty of post-race activities. Whether you run, walk, or bike, you don't want to miss this event!

Register [online](#).



Chick-Fil-A Big Peach Half Marathon & Duck Dash **5k**

May 13th - Cartersville, GA

This Half-Marathon/5K tandem promises to deliver a first-class running environment that you and your friends will want to be a part of. The 2nd annual running of the Half-Marathon will be combined with the 18th running of the legendary "Duck Dash 5K," with proceeds from BOTH races going to benefit [Advocates for Children!](#) Register [here](#).



Hotlanta Half Marathon, Relay, & 5k **June 11th - Atlanta, GA**

Experience the unique HOTLANTA Half Marathon Course spotlighting some of Atlanta's most iconic locations. Conquer the hills and embrace the warmer temps of early June to earn your Finisher Medal.



Celebrate your success at the post-race party in beautiful Pemberton Place. Enjoy music, refreshments, vendors, and more. Register before the price increase on March 1st. Register [online](#).

PACKET PICK-UPS

Beer Chaser 5k

[Suwanee](#) - March 3rd, 4 pm - 7 pm

RACE PARTNERSHIPS

- March 4: [Max Stop The Hazing / Fly High 5k](#)
- March 4: [Beer Chaser 5k](#)
- March 11: [East Cobb Classic 5k & Fun Run](#)
- March 11: [Running of the Leprechauns](#)
- March 11: [Atlanta St. Patrick's Parade 5k Run/Walk](#)
- March 12: [Run for Ronald 5k](#)
- March 18: [Shamrock Shuffle 5k](#)
- **March 18:** [Kappa Delta Shamrock Shuffle 5k](#)
- March 18: [Chamblee Bulldog Dash](#)
- March 18: [Kiwanis Shamrock 5k](#)
- March 25: [Water Drop Dash 5k](#)
- March 25: [Care For Cops 5k](#)

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