
A Great Update!

1 message

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NEWSLETTER



Fresh Foam X 880v13

Peachy,

Another long-time favorite gets an update! The New Balance Fresh Foam X 880v13 is neutral daily trainer that is perfect for any run or everyday use. Fresh Foam X is the same midsole foam used in the New Balance's premium model, the Fresh Foam X 1080v12 so the ride in the new 880 is extra plush and comfortable! The NDurance rubber outsole provides extended durability in those high-wear zones to extend the life of this shoe. The upper is also made up of 50% or more recycled content as part of New Balance's green leaf standard.

New Balance is the sponsor for this year's [Hotlanta Half Marathon, Relay, & 5k!](#) The Fresh Foam X 880 is a great option for this course. Stop by any of our Big Peach Running Co. locations and try them on for yourself.

SHOP NOW!

Ep. 142 - The Big Peach *Ride + Run* Podcast with Guest Marley Blonsky

This week Marley Blonsky joins us on the podcast. She is an advocate for people of all sizes, genders, ages, income levels, and abilities to be included and welcomed in the bike community. We discuss various ways to be inclusive through marketing images, apparel sizing, and much more!



Listen to the latest episode [here](#).

We invite you to subscribe to [Amazon Music](#), [iTunes](#), [Soundcloud.com](#), [Google Podcasts](#), [Spotify](#), or whatever [RSS](#) Podcast App you choose.



SOCIAL RUNS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Alpharetta	6:30 pm		6:30 pm		
Brookhaven		6:30 pm		6:30 pm	
Cartersville				6:30 pm	
Cumming		6:30 pm			
Decatur			6:30 pm		
Kennesaw		6:30 pm			
Marietta		6:30 pm			7:30 am
Midtown		6:30 pm			7:30 am
Suwanee		6:30 pm		6:30 pm	

EVENTS

How To Hate Running Less Marietta - Wednesdays, 6:30 pm

Some folks don't like running. At times, it can feel clunky, jarring, and uncomfortable. That's why we're offering "How to Hate Running Less," a 30-minute FREE class with basic instruction, simple drills, and light running designed to make it feel lighter, smoother, and EASIER. It's open



to everyone (Walkers, Runners, Kids). Come ready for light drills and running outside in our East Cobb location.

Plantar Fasciitis Monday

Cartersville - Monday, February 27th 12:00 pm

This event is weekly and for anyone with Plantar Fasciitis or any foot issues. You can sign up here but it is not required to attend. Get personalized help from Jay Stephenson including how to massage and treat your Plantar Fasciitis. RSVP [here](#).

Run Free Cross Country Camp

Berry College - Rome, GA - June 26th-30th

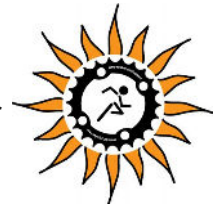
Middle School and High School athletes, come join this fun-filled, epic week on the beautiful campus of Berry College! Workshops on form, race strategy, goals, nutrition, and more. There will be adventure challenges, local outings, and some really cool time with an elite coaching staff! Early bird pricing expires on February 14th. First 20 to register receive a pair of Brooks Launch running shoes. [Register now!](#)

FEATURED RACES

Dirty Spokes-Charleston Park

March 4th - Cumming, GA

Race #3 of the Dirty Spokes Trail Run Series is at Heritage Park with your choice of 6.2 miles or 24.3 miles. Receive a FREE entry with a purchase of trail shoes! Register [online](#).



Shamrock 5k & Fun Run

March 12th - Cumming, GA

Join us for the inaugural Shamrock 5k & Fun Run. Break out your green attire and join us at the Cumming City Center for what is sure to be a fun and festive event. Everyone is welcome to run/walk! Register [online](#).



PACKET PICK-UPS

Love Run 5k

[Decatur](#) - February 24th, 12 pm - 6 pm

Great Ambulance Chase 5k

[Kennesaw](#) - February 24th, 10 am - 2 pm

RACE PARTNERSHIPS

- February 25: [Love Run 5k](#)
- February 25: [Great Ambulance Chase 5k](#)
- March 4: [Max Stop The Hazing / Fly High 5k](#)
- March 11: [East Cobb Classic 5k & Fun Run](#)
- March 11: [Running of the Leprechauns](#)
- March 11: [Atlanta St. Patrick's Parade 5k Run/Walk](#)
- March 12: [Run for Ronald 5k](#)
- March 18: [Shamrock Shuffle 5k](#)
- March 25: [Water Drop Dash 5k](#)

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