
Holiday Shopping Ideas!

1 message

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NEWSLETTER

Peachy ,

This is week three of our holiday gift guide for that runner or cyclist in your life! Don't wait for the last minute as some items may be difficult to find in the final days before Christmas.

Holiday Gifts For Them



BIG PEACH
RUNATL BACKPACK

Shop Now

GOODR
SUNGLASSES

Shop Now

SAUCONY
ENDORPHIN SPEED 3

Shop Now



VUORI
COZY SHERPA JACKET

Shop Now



THERABODY
THERAGUN MINI

Shop Now



NATHAN SPORTS
VAPORSWIFT 4L VEST

Shop Now



GARMIN
FORERUNNER 255



GIANT
XTC JR 20 LITE



MOMENTUM
VIDA E+ LOW STEP

Shop Now

Shop Now

Shop Now

[Shop online](#) or any of our [9 Big Peach locations](#). We offer convenience to make this a stress free shopping experience. Don't forget, our [Big Peach Gift Cards](#) make a great gift for those individuals that are hard to shop for.



Holiday Bike Sale!

Now is the perfect time to get the new bike you or someone you know has been wanting. Whether you're a child or an adult, there's nothing more fun than riding on two wheels (don't tell our Chief Running Officer I said this)! Stop by and pick up a new bike at either the Big Peach *Ride + Run* location in [Brookhaven](#) or in [Midtown](#). Sale runs (or rides) through December 31st, all in stock bikes are 20% off. Shop early while selection is available! *(Bike and bike related accessory purchases are excluded from earning Peachy Bucks.)*

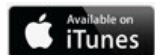
Ep. 138 - The Big Peach *Ride + Run* Podcast Year-End Reflections

This week, "D2" shares some insight into the state of running & cycling. He also shares his thoughts on improving health and longevity as we age.

Listen to the latest episode [here](#).

We invite you to subscribe to [Amazon Music](#), [iTunes](#), [Soundcloud.com](#), [Google Podcasts](#), [Spotify](#), or whatever [RSS](#) Podcast App you choose.





SOCIAL RUNS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Alpharetta	6:30 pm		6:30 pm		
Brookhaven		6:30 pm		6:30 pm	
Cartersville				6:30 pm	
Cumming		6:30 pm			
Decatur			6:30 pm		
Kennesaw		6:30 pm			
Marietta		6:30 pm			7:30 am
Midtown		6:30 pm			7:30 am
Suwanee		6:30 pm		6:30 pm	

EVENTS

Ugly Sweater/Holiday Lights Run

Marietta - Tuesday, December 13th 6:30 pm

This weekly social run has a holiday theme this week and we'll be joined by our friends from Brooks. Runners are encouraged to bring cookies to share/exchange. We'll also have the Brooks Ghost 15 & Glycerin 20 for you to try out. Plus some prizes from Brooks!

How To Hate Running Less

Marietta - Wednesdays, 6:30 pm

Some folks don't like running. At times, it can feel clunky, jarring, and uncomfortable. That's why we're offering "How to Hate Running Less," a 30-minute FREE class with basic instruction, simple drills, and light running designed to make it feel lighter, smoother, and EASIER. It's open to everyone (Walkers, Runners, Kids). Come ready for light drills and running outside in our East Cobb location.



Plantar Fasciitis Monday

Cartersville - Monday, December 19th 12:00 pm

This event is weekly and for anyone with Plantar Fasciitis or any foot issues. You can sign up here but it is not required to attend. Get personalized help from Jay Stephenson including how to massage and treat your Plantar Fasciitis. RSVP [here](#).

FEATURED RACES

Cheyenne's Ugly Christmas Sweater 5k Walk/Run

December 17th - Suwanee, GA

Join [EmpowH3R](#) in an Ugly Christmas Sweater 5K benefitting Children's Healthcare of Atlanta. Register [online](#).



Dashing Through The Square 5k

December 17th - Marietta, GA

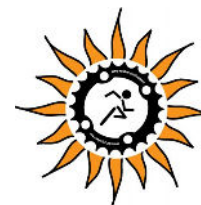
This family friendly race will take you past beautiful, historic homes and the quaint shops that line Marietta Square. Register [online](#).



Dirty Spokes - Mayhem On The Mountain

January 7th - Cumming, GA

The Dirty Spokes Trail Series is back and it kicks off at Sawnee Mountain! Receive a FREE entry with a purchase of trail shoes! Register [online](#).



PACKET PICK-UPS

Dashing Through The Square

[Kennesaw](#)- Dec. 13th, 5:30 pm - 7:30 pm

Santa Hustle Atlanta

[Midtown](#) - Dec. 16th, 3 pm - 7 pm

Second Wind 5k

[Marietta](#)- Dec. 16th, 11:30 am - 1 pm

Santa Hustle Atlanta

[Midtown](#)- Dec. 17th, 12 pm - 4 pm

RACE PARTNERSHIPS

- December 17: [Second Wind 5k](#)
- December 17: [Dashing Through the Square 5k](#)
- December 24: [Santa Shuffle 5k](#)
- January 7: [Euharlee Resolution Run 5k](#)
- January 7: [Dirty Spokes Mayhem On The Mountain](#)
- January 14: [Livvy's Love Fun Run](#)
- January 28: [Polar Bear 5k](#)
- January 28: [Run For Recovery 5k](#)

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