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## Ride Into The Holidays!

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Mon, Nov 7, 2022 at 8:01 PM



## HOLIDAY BIKE SALE!



Peachy ,

Now is the perfect time to get the new bike you or someone you know has been wishing for. Whether you're a child or an adult, there's nothing more fun than riding on two wheels (don't tell our Chief Running Officer I said this)! Stop by and pick up a new bike at either the Big Peach *Ride + Run* location in [Brookhaven](#) or [Midtown](#). Starting on November 1st through December 31st, all in stock bikes are 20% off. Shop early while selection is available! *(Bike and bike related accessory purchases are excluded from earning Peachy Bucks.)*

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## PEACHY BUCKS!



We're kicking off the holiday season early with a couple of great offers including the return of Peachy Bucks!

We want to thank our Peachy friends and family again this year with Peachy Bucks. This offer starts on November 1st and goes through December 11th. Purchase \$200 or more in merchandise and/or gift cards, and you'll receive BPRC Peachy Bucks that can be used for future purchases! This sweet deal is eligible for in-store and online purchases. Here's how it works - if you spend \$200.00-\$249.99, you'll receive \$20 in Peachy Bucks. Purchase \$250.00-\$299.99 and you'll receive \$25 in Peachy Bucks, and so on.

*Fine print and details: This offer excludes sale rack, gift card redemptions, bikes, and bike-related accessories. Peachy Bucks are earned based on your order Subtotal (pre-tax). Peachy Bucks are for future purchases and may not be applied to the transaction earning the bonus card. This offer runs from November 1 - December 11, 2022. Peachy Bucks will expire on March 31, 2023.*

## Ep. 135 - The Big Peach Ride + Run Podcast with Guest Fe Rodriguez

The Big Peach Ride + Run Podcast is hosted by Big Peach Running Co. Director of Marketing, Dave "D2" Martinez. This week, Stephanie Rodriguez, Co-owner of Big Peach Cumming joins us on the podcast. She shares how she got started running to help deal with and overcome depression and anxiety. Listen to the latest episode [here](#).



We invite you to subscribe to [Amazon Music](#), [iTunes](#), [Soundcloud.com](#), [Google Podcasts](#), [Spotify](#), or whatever [RSS](#) Podcast App you choose.



## SOCIAL RUNS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Alpharetta	6:30 pm		6:30 pm		
Brookhaven		6:30 pm		6:30 pm	
Cartersville				6:30 pm	

Cumming	6:30 pm			
Decatur		6:30 pm		
Kennesaw	6:30 pm			
Marietta	6:30 pm			7:30 am
Midtown	6:30 pm			7:30 am
Suwanee	6:30 pm		6:30 pm	

## EVENTS

### How To Hate Running Less

#### Marietta - Wednesdays, 6:30 pm

Some folks don't like running. At times, it can feel clunky, jarring, and uncomfortable. That's why we're offering "How to Hate Running Less," a 30-minute FREE class with basic instruction, simple drills, and light running designed to make it feel lighter, smoother, and EASIER. It's open to everyone (Walkers, Runners, Kids). Come ready for light drills and running outside in our East Cobb location.



### Plantar Fasciitis Monday

#### Cartersville - Monday, November 14th 12:00 pm

This event is weekly and for anyone with Plantar Fasciitis or any foot issues. You can sign up here but it is not required to attend. Get personalized help from Jay Stephenson including how to massage and treat your Plantar Fasciitis. RSVP [here](#).

## FEATURED RACES

### Run For Wounded Heroes

#### November 12th - Kennesaw, GA

A race benefiting wounded veterans. Last year, \$5,000 dollars was donated to Wounded Warrior Project, KSU's veterans scholarship fund, and Disabled American Veterans, and \$1,000 to Kennesaw's Veterans Luncheon. Register [online](#).



### Iron Horse 15k & 5k

#### November 20th - Canton, GA

Take the challenge and step up to the 15K distance at the Iron Horse 15K or take on the 5K Express, a bite sized version of the 15K. All the great support and fun, with a shorter distance! Register [online](#).



### Gobble Wobble 5k

#### November 24th - Alpharetta, GA

Kick off your Thanksgiving Day with your choice of a 5k or 10k distance and earn your turkey. Register [online](#).



### Running of the Turkeys 5k

#### November 24th - Roswell, GA

Race in Downtown Roswell with overall and age group awards! A new Roswell tradition! Register [online](#).



## Gobble Jog

**November 24th - Marietta, GA**

The Gobble Jog offers options for timed 10K and 5K runs, as well as an untimed 5K, 1K and Tot Trot are all available. Register [online](#).



## Jingle Bell Jog

**December 11th - Atlanta, GA**

An annual running event that champions all things associated with the festive winter holidays! All participants will receive a Santa Suit costume! Register [online](#).



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## PACKET PICK-UPS

### Veterans Memorial 5k

[Marietta](#) - Nov. 10th, 3 pm - 7 pm

### Run For Wounded Heroes

[Kennesaw](#) - Nov. 10th, 4 pm - 8 pm

### Warrior Run 5k & Fun Run

[Brookhaven](#) - Nov. 10th, 4 pm - 8 pm

### Atlanta Lab Rescue 5k

[Kennesaw](#) - Nov. 11th, 4 pm - 7 pm

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## FEATURED RACES

- November 12: [Atlanta Lab Rescue 5k](#)
- November 12: [Veterans Memorial 5k](#)
- November 12: [Run For Wounded Heroes](#)
- November 12: [4th Annual Warrior Run 5k & Fun Run](#)
- November 12: [Legacy 5k](#)
- November 12: [Freedom 7k](#)
- November 19: [Cobb County Public Safety Foundation 5k](#)
- November 20: [Chocolate Turkey 5k](#)
- November 24: [Running of the Turkeys](#)
- November 24: [Gobble Wobble 5k/10k](#)
- November 24: [Gobble Jog 5k](#)

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